

# slices

## PACKED HOT FOOD MENU 1<sup>st</sup> of October – 5<sup>th</sup> of October

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

NON-VEGETARIAN

Loubieh Bin Lahme

Chicken in  
Coconut Sauce

Sweet & Sour Fish

Beef Cottage Pie

Chicken Alfredo

VEGETARIAN

Loubieh Bin Zeit

Vegetables in  
Coconut Sauce

Sweet & Sour  
Vegetables

Cottage Pie

Mushroom Alfredo

STARCH/ CARBS

Roasted Potato

Mix Brown & White  
Rice

Asian Noodles

Penne Pasta

VEGETABLE

Steamed Carrot

Roasted Sweetcorn

Steamed Broccoli

Green Peas

Roasted Tomato



# slices

## PACKED HOT FOOD MENU

8<sup>th</sup> of October – 12<sup>th</sup> of October

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

NON-VEGETARIAN

American Style Beef Hash served with Homemade Ketchup

Musakhan Style Chicken Stew

Baked Fish with Mexican Tomato Sauce

Beef Burger with Homemade Ketchup

Chicken Enchilada

VEGETARIAN

American Style Vegetable Hash & Homemade Ketchup

Musakhan Style Baby Marrow & Potato

Aubergine with Mexican Tomato Sauce

Vegetable Burger with Homemade Ketchup

Roasted Peppers Enchilada

STARCH/ CARBS

Fusilli Pasta

Mexican Rice

Crinkled Roasted Potato Chips

Mixed Brown & White Rice

VEGETABLE

Steamed Broccoli

Steamed Green Beans

Roasted Cauliflower

Steamed Peas & Sweetcorn

Roasted Sweetcorn



# slices

## PACKED HOT FOOD MENU

15<sup>th</sup> of October – 19<sup>th</sup> of October

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

NON-VEGETARIAN

Italian Meatballs  
with Tomato Sauce

Chicken Pulao Rice

Fish  
with Parsley Sauce

Beef Chilli  
Con Carne

Chicken with  
Mushroom Sauce

VEGETARIAN

Veggie Balls with  
Tomato Sauce

Veggie Pulao Rice

Veggies  
with Parsley Sauce

Vegetable Chilli  
Con Carne

Vegetables with  
Mushroom Sauce

STARCH/ CARBS

Penne Pasta

Roasted Potato

Mixed Brown &  
white Rice

Fusilli Pasta

VEGETABLE

Creamed Corn

Steamed Green  
Beans

Roasted Carrot

Steamed Cauliflower

Green Peas &  
Sweetcorn



# slices

## PACKED HOT FOOD MENU

22<sup>nd</sup> of October – 26<sup>th</sup> of October

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

NON-VEGETARIAN

Beef Stew

Chicken Pesto

Tuna Pasta Bake  
served with Italian  
Tomato Sauce

Chicken Chopseuy

Pepperoni Pizza

VEGETARIAN

Roasted Vegetable  
Stew

Cherry Tomato &  
Basil Pesto

Veggie Pasta Bake  
served with Italian  
Tomato Sauce

Vegetable Chopseuy

Margarita Pizza

STARCH/ CARBS

Mashed Potato

Penne Pasta

Asian Noodles

VEGETABLE

Steamed Carrot

Green Beans

Steamed Broccoli

Roasted Sweetcorn

Roasted Peppers

